

# Foundations of Arts & Health



## Discover the Art of Wellness

*Foundations of Arts and Health* explores ways to integrate creative practices into health programs and for personal healthcare to promote well-being. Learn through evidence based examples as well as practical activities from a variety of creative genres including visual arts, journaling, music and voice, dance and movement, drama and performance, story writing and poetry and therapeutic environments.

This unit forms part of the *Associate Degree in Health & Community Care* and upon completion of the unit, you can undertake further study towards this qualification.

HECS scholarships may be available\*.

**Commences 17th July 2017.**

**Apply now.**

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