Patients Tutorial

In preparation for this tutorial, please watch a variety of YouTube videos on any ONE medical condition/medical-related issue whereby a patient living with the condition/medical-related issue shares their personal story, or shares a story on a patient’s behalf (if they are the carer/parent/spouse). Where applicable, please consider the questions at the end of this document and be prepared to discuss them in class.

To find such videos on YouTube, type in either “Living with [insert condition here]” OR “[insert condition here] story” into the YouTube search section. e.g. “living with diabetes” OR “diabetes story”

Some examples of medical conditions include: diabetes, hypertension, hyperthyroidism, asthma, chronic pain, dementia, depression, anxiety, drug addiction.

NB: If, after watching any of the videos on YouTube, you find the videos negatively and significantly affecting your mood/behaviour, bear in mind that there is certainly help available. Contact Lifeline Australia on 13 11 14 if required. Beyond Blue is also a great resource for support of Anxiety and Depression.

Questions to consider while watching the videos:

1. *(If applicable)* How did the patient react to their initial diagnosis?

2. How does having the condition/medical issue influence the patient’s day-to-day life? E.g. what was their life like before they had the condition/medical issue, and how has that changed?

3. *(If applicable)* How does the patient incorporate management of their condition into their day-to-day life? E.g. for Type 1 diabetes, how does a patient incorporate measuring their blood glucose levels into their day-to-day life?

4. From the patient’s/carer’s perspective, what role do health professionals play in the patient’s life?

5. What role do family/friends play in the patient’s life?

6. How has the patient’s condition/medical issue influenced others around them (e.g. family/friends)?

7. How were medications/medical devices discussed from the patient’s/carer’s perspective?
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<tbody>
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