

Does an aspirin a day really help?

Dr Robyn Woods

Executive Officer, ASPREE (Aspirin in Reducing Events in the Elderly)
Monash University

When: Thursday 23 February, 12.30pm

Where: Multi A & B, Rural Clinical School,
North West Regional Hospital, Burnie
and video link to Latrobe and Hobart:
Seminar Room 1, Rural Clinical
School, Mersey Community Hospital
and HCML Building, Level 5—18 Elizabeth St Hobart



RSVP: Phone 64304550 or go to the Rural Clinical School website
www.utas.edu.au/rural-clinical-school/about-the-rcs/calendar/rcs-events-registration

Cardiovascular disease and stroke are two of the most common causes of death and account for the largest burden of physical disability and health costs in the elderly Australian population.

The ASPREE study is a collaboration between researchers at Monash University, The University of Melbourne, Australian National University (Canberra) and the Menzies Research Institute (Tasmania) to investigate the role of daily low-dose Aspirin in preventing heart attacks, strokes, dementia and cancers such as bowel cancer.

It is planned that 12,500 healthy people over 70 years of age will take part in the study and Recruitment is currently taking place in general practices throughout Victoria, Tasmania and the ACT and participants will be followed up for five years. The community in Burnie and surrounding regions have responded with enthusiasm to the study , with 354 local residents currently registered for the study along with 47 local GPs.

Dr Woods will present an overview of the study and progress to date.

The lecture will also be recorded and will be made available to all interested persons upon request. Please phone 64304550.