Professor Timothy Skinner

New Director of the Rural Clinical School

Wednesday 17 August, 12.30 – 1.30pm

Venues: Multi A (RCS, Burnie) & video conference sites state-wide. Please register using the link below.
Lunch provided Burnie and Mersey.

The Good, the Bad and the Ugly: Researching the Clinical Encounter

Although diagnosis and appropriate treatment are core to clinical care, the non-technical components of the clinical encounter are as, if not more, important in determining the outcomes of chronic disease care.

In this presentation Prof Skinner will explore some of the research on the clinical encounter, how it impacts on patients’ well-being and how we can use it to enhance the quality of care given to people with chronic disease.

This session is being broadcast state-wide as part of the UDRH Seminar Series.
To register for this seminar, please phone 6324 4000 or follow the link below:

Professor Timothy Skinner  BSc(Hons), Westminster, PhD, Surrey

Timothy Skinner is the new Director of the UTAS Rural Clinical School, commencing his appointment on 1 August, 2011. Professor Skinner has a background in health psychology and an excellent research record in the area of diabetes and the primary care management of chronic diseases.

He trained as a Health Psychologist in the UK, formerly running the MSc and PhD professional training programs in Health Psychology at the University of Southampton. Prof Skinner moved to Australia in 2007 and has worked in rural/remote Australia since 2008.
He has previously worked in the Combined University Centre for Rural Health in Western Australia and most recently as Director of Research in the Flinders University Rural Clinical School.

Timothy has an enthusiasm for rural and remote health research. His clinical practice and research background is in chronic disease care, especially diabetes, with a core interest in clinical communication skills. He has good connections with the Diabetes service in the North West and is already in the process of developing research projects.

**Research interests:** Chronic Disease Care, particularly diabetes care has been the main focus of Prof Skinner’s research to date. This work includes the development of self-management interventions for people with diabetes, the enhancement of health care professional skills for facilitating optimal self-care and exploration of how individuals’ personal models of diabetes shape their emotional and physical well-being.

**Publications:**

Murphy H., **Skinner T.C.**, Matyka K., Cradock S., Wadham C., Liossi C. & Rayman G.  A randomised controlled trial to examine whether structured education with family communication training improves glycaemic control in adolescents with type 1 diabetes. *Diabetes UK*


Edwards H. & **Skinner T.C.**  Widening the Net – The Impact of Web Based Diabetes Counselling on the Wellbeing and Diabetes Related Distress of Men Living in Rural and Remote Regions in Australia. *ADS Servier Barry Young Grant.*

**Postgraduate research supervision:** Principal supervisor for three PhD and one Masters students.

**Professional and community engagement:** Australasian Co-Editor for Rural and Remote Health Journal.