



# Menu for Residents

The licensed Cafe is open all day from breakfast onwards. It sells a range of light meals including pastries, sandwiches, salads and focaccia.

Coffee	\$1.50	Vegetarian Large Salad	\$3.50
Sandwiches	\$2.50 - \$4.00	Large Salad with Meat	\$4.00
Steak Sandwich	\$3.50	Side Salad	\$1.50
Egg & Bacon Muffin	\$2.50	Bircher Muesli	\$1.50
Fruit Toast	\$1.00	Organic Juices	\$3.00
Pizza Slice	\$2.00	Burger - THE LOT	\$3.50

*Design Your own Noodle Soups...*

Choose your own noodles, vegetables and meat/vegetarian options. Available every week day for \$3.00 a bowl.

*Opening Hours:*

CAFE open 8am to 8pm  
RESTAURANT open for

**lunch** 12 - 2pm  
**dinner** 5:30 - 7:30pm

## Monday

### **SOUP OF THE DAY:** (Lunch & Dinner)

Roasted capsicum & tomato cream soup 1.80

### **LUNCH:**

Pork in yellow curry sauce with potato 4.00

Hot & sour fish with pineapple 4.50

Rump steak beef with green pepper corn sauce 4.00

Chicken schnitzel with tomato & cheese 4.00

Pasta & potato gratin with leek 3.50

### **DINNER:**

Sweet and sour pork 4.00

Hot & sour fish with pineapple 4.50

Beef stroganoff 4.00

Chicken schnitzel with tomato & cheese 4.00

Pasta & potato gratin with leek 3.50

### **A LA CARTE (Dinner Only):**

Porterhouse steak

Chicken Kiev

*All mains served with steamed rice and garden vegetables OR Steamed potatoes with herb garlic butter and garden vegetables*

## Tuesday

### **SOUP OF THE DAY:** (Lunch & Dinner)

Mushroom cream soup 1.80

### **LUNCH:**

Sliced beef with red chilli sauce 4.00

Satay chicken 4.00

Pork piccata with mushroom 4.00

Lamb Provencale with herb jus 4.00

Vegetable curry 3.50

### **DINNER:**

Beef with scallion mushroom in oyster sauce 4.00

Satay chicken 4.00

Fish with glazed teriyaki sauce 4.50

Lamb Provencale with herb jus 4.00

Vegetable curry 3.50

### **A LA CARTE (Dinner Only):**

Lamb cutlets

Chicken breast grilled with balsamic glaze

*All mains served with chicken flavored rice and garden vegetables OR Baked potato with crispy bacon & sour cream and garden vegetables*

## Wednesday

### **SOUP OF THE DAY:** (Lunch & Dinner)

Fish chowder 1.80

### **LUNCH:**

Fried chicken in Cajun spices 4.00

Roast pork char siew 4.00

Steamed fish in soy sauce with scallion & coriander 4.50

Beef rissoles with capsicum sour cream sauce 4.00

Pasta with tomato sauce capers & bell pepper 3.50

### **DINNER:**

Braised pork belly with Chinese cabbage 4.00

Roast pork char siew 4.00

Chicken in red wine sauce with mushroom 4.00

Beef rissoles with capsicum sour cream sauce 4.00

Pasta with tomato sauce capers & bell pepper 3.50

### **A LA CARTE (Dinner Only):**

Fish & chips

Grilled pork chop with herb butter

*All mains served with steamed rice and garden vegetables OR Diced potatoes with mushroom & onions and garden vegetables*

## Thursday

### **SOUP OF THE DAY:** (Lunch & Dinner)

Cream of chicken 1.80

### **LUNCH:**

Chicken with celery & mushroom 4.00

Braised beef with bamboo shoots 4.00

Fish in corn flakes crust & lemon mayonnaise 4.50

Pork steak with onion mustard crust 4.00

Fried rice with egg, vegetables and tofu 3.50

### **DINNER:**

Chicken in curry sauce with vegetables 4.00

Braised beef with bamboo shoots 4.00

Seafood ragout in lemon cream sauce 4.50

Pork steak with onion mustard crust 4.00

Fried rice with egg, vegetables and tofu 3.50

### **A LA CARTE (Dinner Only):**

Fish & chips

Porterhouse steak

*All mains served with nasi goreng and garden vegetables OR Hash brown potato and garden vegetables*

## Friday

### **SOUP OF THE DAY:** (Lunch & Dinner)

Barley and vegetable 1.80

### **LUNCH:**

Spicy pork stew with kim chi & mushroom 4.00

Lamb curry with mustard yoghurt 4.00

Oven baked chicken with white wine & tomato 4.00

Roast leg of lamb tandoori style 4.00

Baked ravioli with garlic, spinach & broccoli 3.50

### **DINNER:**

Stir fried pork with leek & onion 4.00

Lamb curry with mustard yoghurt 4.00

Chicken tikka masala 4.00

Pan fried fish with caper, mushroom, tomato & olives 4.50

Baked ravioli with garlic, spinach & broccoli 3.50

### **A LA CARTE (Dinner Only):**

Porterhouse steak

Salmon fillet teriyaki style

*All mains served with steamed rice and garden vegetables OR Potato slice and garden vegetables*