



*Rural
Clinical School*

MBBS Undergraduate Rural Clinical Programme 2020

***Year 4 & 5 Medical Students
Placement Advice
For Practice Nurses***

Thank you for being involved with the Rural Clinical School (RCS) Primary Care Programme (PCP) in 2020, which is part of the Year 4 MBBS Undergraduate Rural Clinical Program at the University of Tasmania College of Health & Medicine. The MBBS is a 5 year course and Year 4 is the first clinical year.

Practice Nurses are an important part of training our medical students. They value their time spent with the nursing team developing their practical and communication skills. Each practice and nursing team work differently and can provide different learning opportunities.

Students learn best when they are actively involved in patient care and feel part of the team.

Skills

Students have to achieve a certain level of practical skills.

Students will have simulated experience of most of these procedures but need to extend these skills to patients and gain confidence in these practical areas.

Students need supervision in all aspects of their work. The level of supervision will vary from student to student.

Rural Clinical School programme

Students attend group learning weeks every six weeks. These weeks are themed and attached is a list of these themes. Practical skills that students can undertake in General practice will support this learning. There is also a list of suggested activities that can be undertaken each week to link their clinical teaching to their practical experience.

Thank you for working with our students. If you have any queries please contact Karen Lowe on 03 6430 1668, your GP Liaison Academic or Associate Professor Dr Lizzi Shires on 03 6430 4550.

Clinical Skills with Practice Nurse

| | |
|--------------------------|----------------------------------|
| Peak flow measurement | Eye drop administration |
| Inhaler Instructions | Eyelid eversion |
| Spirometry | Eye irrigation |
| ECG | Visual acuity assessment |
| Throat Swab | Administering local anaesthesia |
| Dressings | Surgical knots & simple suturing |
| Wound swab collection | Simple skin lesion excision |
| Audiometry | Suture removal |
| Subcutaneous Injections | Cervical pap smear |
| Intramuscular Injections | Health Checks |
| INR | Over 75 health check |
| Blood sugar | GP management Plans |
| Venepuncture | |
| Eye bandage application | |

RCS Calendar - 2020

| Week Beginning | Year 3 | | Year 4 | | Year 5 HCS, LCS & RCS | Week ending | Public Holidays | MBBS Program | Community Engagement, UTAS Events & Conferences | |
|----------------|---|-----------|--------|-----|--------------------------|-------------|--|--|---|---|
| | RCS | HCS & LCS | RCS | RCS | | | | | | |
| 6-Jan | | | | | | 10-Jan | Devonport Cup - Wednesday 8th January | | Tuesday 7th January - Welcome BBQ for Prospective Students (RCS Burnie) | Tasmanian Primary and Secondary School Terms 2020 |
| 13-Jan | | | | | | 17-Jan | | | | ↓ |
| 20-Jan | | | | | | 24-Jan | | | | |
| 27-Jan | | | | | | 31-Jan | Australia Day - Monday 27th January | | | |
| 03-Feb | Orientation Week | | | | | 7-Feb | | Wednesday 5th February - CE training with Year 4 students Wednesday 5th February Rotary Club of Burnie Scholarship in Rural Medicine - Interviews | Thursday 6th February - RCS Community Welcome & Speed Networking Event (RCS Burnie) | 1 |
| 10-Feb | A1 | GLP 1 | GLP 1 | | 1 | 14-Feb | Royal Hobart Regatta - Monday 10th February | | | 2 |
| 17-Feb | A2 | 2 | 2 | | 2 | 21-Feb | | | Sunday 23rd February - Festival in the Park (Ulverstone) | 3 |
| 24-Feb | A3 | 3 | 3 | | 3 | 28-Feb | Launceston Cup - Wednesday 26th February | | | 4 |
| 02-Mar | A4 | 4 | 4 | | 4 | 6-Mar | King Island Show - Tuesday 3rd March | | Wednesday 4th March - Visit to Smithton High School (mental health attachment) | 5 |
| 09-Mar | A5 | 5 | 5 | | 5 | 13-Mar | Eight Hours Day - Monday 9th March | | Tuesday 10th March - Year 10, 11 & 12 Health Careers - Burnie Wednesday 11th March - Year 10, 11 & 12 Health Careers - Mersey | 6 7 |
| 16-Mar | A6 | 6 | 6 | | GLW 1 | 20-Mar | | Year 5 THS Intern Recruitment Presentation TBC Thursday 19th & Friday 20th March - Emergency Skills Course - Smithton | | TERM 1 3/2/20 to 8/4/20 |
| 23-Mar | A7 | 7 | GLP 2 | | 1 | 27-Mar | | Tas Rural Health Conference (UTAS CCC) 28th - 29th March | Tuesday 24th March - CAB Meeting (RCS Burnie) Saturday 28th - Sunday 29th March - Year 3 weekend visit to Burnie (Rustica) | 8 |
| 30-Mar | A8 | GLP 2 | 2 | | 2 | 3-Apr | | | Thursday 2nd April - Year 7/8 First Aid Program (Year 4/5 ED) Sunday 5th April - Burnie Challenge - date TBC | 9 |
| 06-Apr | B1 | 2 | 3 | | 3 | 10-Apr | Good Friday - Friday 10th April | | | 10 |
| 13-Apr | Easter Student Break 10th to 17th April 2020 | | | | | 17-Apr | Easter Monday & Tuesday 13th & 14th April | | | 11 |
| 20-Apr | B2 | 3 | 4 | | 5 | 24-Apr | ANZAC Day - 25th April | | | School Holidays 10/4/20 to 24/4/20 |
| 27-Apr | B3 | 4 | 5 | | 6 | 1-May | | Monday 27th April - Friday 1st May - Year 1 Rural Week - Camp Clayton | | 12 |
| 04-May | B4 | 5 | 6 | | GLW 2 | 8-May | Agfest (Circular Head Only) - Friday 8th May | Year 5 Intern Applications Open Dates to be confirmed | Wednesday 6th May - visit to Table Cape Primary School (mental health attachment) Saturday 9th - Sunday 10th May - Year 3 weekend visit to Burnie (Rustica) | 13 14 |
| 11-May | B5 | 6 | GLP 3 | | 1 | 15-May | | | | 15 |
| 18-May | B6 | 7 | 2 | | 2 | 22-May | | | Wednesday 20th May - Year 10 Health Careers - Mersey | 16 |
| 25-May | B7 | GLP 3 | 3 | | 3 | 29-May | | | Wednesday 27th May - Year 10 Health Careers - Burnie | 17 |
| 01-Jun | B8 | 2 | 4 | | 4 | 5-Jun | | Year 5 Intern Applications Close Dates to be confirmed | | TERM 2 27/04/20 to 03/07/20 |
| 08-Jun | Exam Period Year 3 SWOT Vac | 3 | 5 | | 5 | 12-Jun | Queen's Birthday - Monday 8th June | Year 5 Intern Interviews Dates to be confirmed | Wednesday 10th June - Primary/High School visit (mental health attachment) - Burnie/Mersey/at the school | 18 |
| 15-Jun | EXAM PERIOD | 4 | 6 | | GLW 3 | 19-Jun | | | Year 5 Class Photos - date TBC | 19 |
| 22-Jun | Mid Year Student Break 22nd June - 26th June 2020 | | | | | 26-Jun | | | | 20 |
| 29-Jun | C1 | 5 | GLP 4 | | 1 | 3-Jul | | | Saturday 4th & Sunday 5th July - Year 3 weekend visit to Burnie (Rustica) | 21 |
| 06-Jul | C2 | 6 | 2 | | 2 | 10-Jul | | | | 22 |
| 13-Jul | C3 | 7 | 3 | | 3 | 17-Jul | | | | School Holidays 6/07/20 - 17/07/20 |
| 20-Jul | C4 | GLP 4 | 4 | | 4 | 24-Jul | | Year 4 Formative MCQ/EMQ Exams Date TBC | Friday 24th July - Year 9 Health Careers - Mersey | 23 |
| 27-Jul | C5 | 2 | 5 | | 5 | 31-Jul | | | Wednesday 29th July - Year 9 Health Careers - Burnie (utilise MH students to help with minor burns, medicine and psych) Thursday 30 July - Year 7/8 First Aid Program (Year 3) | 24 25 |
| 03-Aug | C6 | 3 | GLP 5 | | Year 5 SWOT Vac | 7-Aug | | | Year 4 Class Photos - date TBC | 26 |
| 10-Aug | C7 | 4 | 2 | | EXAM PERIOD | 14-Aug | | Year 5 Summative OSCE Wednesday 12th August & Thursday 13th August Year 5 Prize Exams | Sunday 9th August - UTAS Open Day (CCC) | 27 |

RCS Calendar - 2020

| Week Beginning | Year 3 | | Year 4 | | Year 5 HCS, LCS & RCS | Week ending | Public Holidays | MBBS Program | Community Engagement, UTAS Events & Conferences | |
|----------------|----------------------|-----------------|--------------|-------|--------------------------|-------------|--|--|--|---|
| | RCS | HCS & LCS | RCS | RCS | | | | | | |
| 17-Aug | C8 | 5 | Attachment 5 | 3 | 1 | 21-Aug | | | National Science Week | TERM 3 20/07/20 to 25/09/20 |
| 24-Aug | Year 3 Student Break | 6 | Attachment 5 | 4 | 2 | 28-Aug | | | Wednesday 19th August - Primary/High School visit (mental health attachment) - Burnie/Mersey/at the school | |
| 31-Aug | D1 | 7 | Attachment 5 | 5 | 3 | 4-Sep | | | Saturday 5th - 6th September - Year 3 weekend visit to Burnie (Rustica) | |
| 07-Sep | D2 | GLP 5 | Attachment 5 | 6 | 4 | 11-Sep | | Monday 7th September - Friday 11th September - Year 2 Rural Week | | |
| 14-Sep | D3 | 2 | Attachment 5 | GLP 6 | 5 | 18-Sep | | | | |
| 21-Sep | D4 | 3 | Attachment 5 | 2 | GLW 4 | 25-Sep | | Year 5 Portfolio Interviews | | |
| 28-Sep | D5 | 4 | Attachment 5 | 3 | 1 | 2-Oct | Burnie Show Day - Friday 2nd October | | | |
| 05-Oct | D6 | 5 | Attachment 5 | 4 | 2 | 9-Oct | Royal Launceston Show - Thursday 8th October | | | Wednesday 7th October - CAB Meeting (RCS Mersey) |
| 12-Oct | D7 | 6 | Attachment 5 | 5 | 3 | 16-Oct | Flinders Island Show Day - Friday 16th October | Wednesday 14th October - Year 5 Sup OSCES & Sup Portfolios | | Sunday 18th October - Burnie Ten - date TBC |
| 19-Oct | D8 | 7 | Attachment 5 | 6 | 4 | 23-Oct | Royal Hobart Show Day - Thursday 22nd October | | | Wednesday 21st October - Primary/High School visit (mental health attachment) - Burnie/Mersey/at the school |
| 26-Oct | Year 3 SWOT Vac | Year 4 SWOT Vac | | | 5 | 30-Oct | | | | |
| 02-Nov | Exam Period | Exam Period | | | Intern Ready Week | 6-Nov | Recreation Day - Monday 2nd November | Year 4 Summative OSCE Wednesday 4th November | | Saturday 7th November - End of Year Dinner |
| 09-Nov | EXAM PERIOD | | | | | | | Year 4 MCQ-1 5th Nov 2pm-4pm | Year 4 MCQ-2 8th Nov 2pm-4pm | |
| 16-Nov | | Break | | | | | | | | TERM 4 12/10/20 to 17/12/20 |
| 23-Nov | | | | | | | Devonport Show Day - Friday 27th November | | | |
| 30-Nov | Break | | | | Break | | | | | |
| 07-Dec | | Elective | | | | | | Year 4 Sup Exams OSCE Sup - Wednesday 9th December MCQ-1 Sup - 10th December MCQ-2 Sup - 11th December | | |
| 14-Dec | | | | | | | | Year 5 Graduation (Hobart) Wed 16th December | | |
| 21-Dec | | | | | | | | | | |

Outline of General Practice experience at University of Tasmania School of Medicine

The first three years are spent in Hobart and the clinical years are spent in Burnie, Launceston or Hobart.

Year 1-3 visits to General Practice- based in Hobart

Year 1 and 2

Students in years 1 and 2 attend practices for a few hours or a day. These visits are an introduction to General Practice and to meet members of the Primary Health Care Team. The students are undertaking a variety of other community-based activities to introduce them to the North West Coast and the Burnie campus. In Year 1, students spend 1 week on NW coast. During that time, they are involved in the team building activities, various clinical scenarios and visits to the Rural Clinical School and other places in the NW coast. In year 2, along with attending General Practices, they stay in the community, that gives them opportunity to enhance their understanding of living in a rural community.

Year 3

Third year students spend two weeks in General Practice. This allows students their first clinical experience in General Practice and many students use this opportunity to see if they would like to transfer to the RCS campus for their clinical years. These students have a workbook that needs to be completed and concentrates on basic clinical skills and diabetes management (needs to work up a case on diabetes during this visit).

Year 4

As part of their clinical rotation in Fourth year students spend 1 day a week for a whole year in General Practice. These students are based at the Burnie Campus and undertake clinical rotations at Mersey Hospital Latrobe and North West Regional Hospital Burnie for the rest of the week.

Year 5

As part of their clinical rotation in Final year students spend four weeks in rural and remote practices like King Island & Queenstown.

Preparation for year 4 Students

Doctors Clinic – Sample Roster for Medical Students

SAMPLE ROSTER FOR MEDICAL STUDENT

(RURAL CLINICAL SCHOOL GP 4th YEAR ATTACHMENTS 20^{**})

21st June – 25th October 20^{**}

Student ZIPPER

(student mobile number 0000 111 222)

Dr S (mentor) Dr E, Dr P,

| | | |
|-------|-----------------------------|--|
| 21/06 | 9.00am 11.30am 2.00pm | Induction Patients with S for am session Non-consulting activities- nurses |
| 28/06 | 9.00am 1.30pm | Non-consulting activities - nurses Patients with E for pm session |
| 05/07 | 9.00am 2.00pm | Patients with S for am session Non-consulting activities- nurses |
| 12/07 | 9.00am 1.30pm | Non-consulting activities- nurses Patients with S for pm session |
| 19/07 | 9.00am 2.00pm | Patients with P for am session Non-consulting activities- nurses |
| 26/07 | 9.00am 1.30pm | Non-consulting activities- nurses Patients with E for pm session |
| 02/08 | 9.00am 2.00pm | Patients with S for am session Non-consulting activities- visit Community nurse |
| 09/08 | 9.00am 1.30pm | Non-consulting activities- visit Pharmacist Patients with E for pm session |
| 16/08 | 9.00am 2.00pm | Patients with P for am session Non-consulting activities- Child health Nurse |

**STUDENT LONG CASE PRESENTATIONS BOOKED FOR
Tuesday XX XX 20^{**} AT 8:00AM**

2020 Year 4 RCS Task allocation in Primary Care

| | | | |
|---|-------|-------|--|
| Orientation Tuesday, 4 February 2020 | 09:00 | 12:00 | CBL Activities - 4th & 5th Years Combined <u>Professional Practice</u> Case Notes Concise Presentations and Handovers Conflict Management and Difficult Colleagues Introduction to the DMR - Year 4s with Year 5s |
| GLP1 Wednesday, 12 February 2020 | 08:30 | 12:00 | GP - History Taking / Immunisation & Travel Health - Group B |
| | 13:00 | 16:30 | GP - History Taking / Immunisation & Travel Health - Group A |
| PCP Tuesday, 18 February 2020 | 09:00 | 10:30 | Shared Negotiations - Group B |
| | 11:00 | 12:30 | PCP - Presentation Skills - Group B |
| | 13:30 | 15:00 | PCP - Presentation Skills - Group A |
| | 15:30 | 17:00 | PCP - Shared Negotiations - Group A |
| PCP Tuesday, 25 February 2020 | 08:30 | 11:30 | PCP - Intimate Examinations & Screening - Pap, Breast and Rectal - Group A |
| | 13:30 | 16:30 | PCP - Intimate Examinations & Screening- Pap, Breast and Rectal - Group B |
| PCP Tuesday, 3 March 2020 | 08:30 | 11:30 | PCP - Common Skin Conditions (Eczema, Acne, Shingles) & Eyes Scenarios - Group B |
| | 13:30 | 16:30 | PCP - Common Skin Conditions (Eczema, Acne, Shingles) & Eyes Scenarios - Group A |
| PCP Tuesday, 10 March 2020 | 09:00 | 10:00 | PCP - ECG Rhythm Analysis - Groups A & B |
| | 10:00 | 13:00 | PCP - Group A CBL - Chronic Disease Management & Explanation - Asthma - COPD - Diabetes - Cardiovascular Disease |
| | 14:00 | 17:00 | PCP - Group B CBL - Chronic Disease Management & Explanation - Asthma - COPD - Diabetes - Cardiovascular Disease |
| GLP2 Wednesday, 25 March 2020 | 09:00 | 11:00 | GP - Breaking Bad News & Talking to Relatives |
| | 13:30 | 15:00 | GP Skills - Formative DOCES - Attachment 1 - Group B - Psych, Medicine, Surgery |
| | 15:30 | 17:00 | GP Skills - Formative DOCES - Attachment 1 - Group A |

2020 Year 4 RCS Task allocation in Primary Care

| | | | |
|--|-------|-------|---|
| GLP2 Thursday, 26 March 2020 | 09:00 | 11:00 | GP - GP CBL - Preventative Health / Men's Health - Group B Summary Sheet / Presentation - Shubh Banerjee (2019 - Josie Painter) Erectile Dysfunction DOCES/History Taking - Fergal Connolly (2019 - Schyler Walker) Motivational Interviewing on any health promotional aspect of men's health DOCES - Joy Dutta (2019 - Serina Seah) Explaining DOCES 1 - Presentation & Risk Factors in Men's Health - Monica Patterson and Emma Hicks |
| | 11:00 | 12:30 | GP - GP CBL - Preventative Health / Men's Health - Group A Summary Sheet / Presentation - Shubh Banerjee (2019 - Josie Painter) Erectile Dysfunction DOCES/History Taking - Fergal Connolly (2019 - Schyler Walker) Motivational Interviewing on any health promotional aspect of men's health DOCES - Joy Dutta (2019 - Serina Seah) Explaining DOCES 1 - Presentation & Risk Factors in Men's Health - Monica Patterson and Emma Hicks |
| GLP3 Wednesday, 13 May 2020 | 09:00 | 11:00 | GP CBL - Headache History Taking DOCES/Headache - Alexandra Fisher (2019 - Sarah Crawford) Summary sheet on the common types of Headache and Management - Chelsea Nunn (2019 - Ellie Wivell) Headache DOCES/ Explaining - Hamish Tso (2019 - Laura Verasdonck) |
| | 13:30 | 15:00 | GP Skills - Formative DOCES - Attachment 2 - Group A - Psych, Medicine, Surgery |
| | 15:30 | 17:00 | GP Skills - Formative DOCES - Attachment 2 - Group B |
| GLP3 Thursday, 14 May 2020 | 09:00 | 10:30 | GP CBL - Back Pain - Group B Back Pain DOCES/HTS - Charlotte Bannink (2019 - Jiwoo Lee) Examination DOCES - Elyse Wilson (William Howcroft) |
| | 11:00 | 12:30 | GP CBL - Back Pain - Group A Back Pain DOCES/HTS - Charlotte Bannink (2019 - Jiwoo Lee) Examination DOCES - Elyse Wilson (William Howcroft) |
| GLP4 Wednesday, 1 July 2020 | 09:00 | 11:00 | GP CBL - Women's Health - Contraception, Menopause & Unplanned Pregnancy Summary Sheet / Presentation - Gus Brient (2019 - Hannah Steele) DOCES - Ash Mithanthaya (2019 - Georgie Winter) |
| | 13:30 | 15:00 | GP Skills - Formative DOCES - Attachment 3 - Group B |
| | 15:30 | 17:00 | GP Skills - Formative DOCES - Attachment 3 - Group A |
| GLP4 Thursday, 2 July 2020 | 09:00 | 10:30 | GP CBL - Sexual Health - Group B Summary Sheet / Presentation - Emily Murray (Heather Kelly) DOCES history taking - Tom Maughan (2019 - Alex Kear) |
| | 11:00 | 12:30 | GP CBL - Sexual Health - Group A Summary Sheet / Presentation - Emily Murray (Heather Kelly) DOCES history taking - Tom Maughan (2019 - Alex Kear) |
| GLP5 Wednesday, 5 August 2020 | 09:00 | 11:00 | GP CBL - Disability Summary Sheet / Presentation - Em Van Beek (2019 - Eve Taylor) DOCES - Bishoy Tadros (2018 - Conor Lees) |

2020 Year 4 RCS Task allocation in Primary Care

| | | | |
|--|-------|-------|--|
| GLP5 Wednesday, 5 August 2020 | 13:30 | 15:00 | GP Skills - Formative DOCES - Attachment 4 - Group A - Psych, Medicine, Surgery |
| | 15:30 | 17:00 | GP Skills - Formative DOCES - Attachment 4 - Group B |
| GLP5 Thursday, 6 August 2020 | 09:00 | 10:30 | GP CBL - Dizziness - Group A Summary Sheet / Presentation - Emma Greenwood (2019 - Jacob Rundle) DOCES 1 - Eli Cropp (2019 - Jeremy Tay) DOCES 2 - Charlotte Piper (2019 - Sarah Grace) |
| | 11:00 | 12:30 | GP CBL - Dizziness - Group B Summary Sheet / Presentation - Emma Greenwood (2019 - Jacob Rundle) DOCES 1 - Eli Cropp (2019 - Jeremy Tay) DOCES 2 - Charlotte Piper (2019 - Sarah Grace) |
| GLP6 Wednesday, 16 September 2020 | 09:00 | 11:00 | GP CBL - Tired All The Time & Self Care Non-organic causes of Tiredness Summary Sheet: Safe history taking, common causes - Rahul Sharma (2019 - Sid Matthew) Summary sheet: management of tiredness (with no organic cause) - Gaby Palencia (2019 - Chester James-Smith) DOCES 1 HTS - Rewati Deshpande (2019 - Shaye Davies) DOCES 2 Explaining - Ellie Kierath (2019 - Ana Mamic) DOCES 3 Examination - Nikki Burton (2018 - Tom Rimmelzwaan) |
| | 13:30 | 15:00 | GP Skills - Formative DOCES - Attachment 5 - Group B - Psych, Medicine, Surgery |
| | 15:30 | 17:00 | GP Skills - Formative DOCES - Attachment 5 - Group A |
| GLP6 Thursday, 17 September 2020 | 09:00 | 10:30 | GP - Organic Causes of Tiredness Thyroid & Anaemia - Group B |
| | 11:00 | 12:30 | GP - Organic Causes of Tiredness Thyroid & Anaemia - Group A |

2020 Year 5 RCS Task Allocation in Primary Care

| GLW | Date | Start Time | End Time | Session |
|-------------|---|------------|----------|---|
| Orientation | Tuesday, 4 th February 2020 | 09:00 | 12:00 | CBL Activities - 4th & 5th Years Combined Professional Practice Case Notes Concise Presentations and Handovers Conflict Management and Difficult Colleagues Introduction to the DMR - Year 4s with Year 5s |
| | Wednesday, 18 th March 2020 | 9:00 | 12:00 | GP CBL Complex Multi-Morbidity - Summary sheet & use of case - Students Elif Stoneman and Jiwoo Lee (Grace Waring & Sandon Lowe) Polypharmacy - Summary sheet & DOCES deprescribing or explaining - Students Sarah Grace and Elena Devlin (Nina Reid & Ashley Brown) |
| 1 | Wednesday 18 th March 2020 | 14:00 | 17:00 | GP Rural & Remote Presentations & Professional Practice Common musculoskeletal problems Work Related Illness and Injuries - Jacob Rundle (2019 - Tom Rimmelzwaan) Workers Comp - Hannah Steele (2019 - Genevieve Stather) Driving and the law -Heather Kelly (2019 - Emma Shoemaker) Sick Notes - Sarah Crawford (2019 - Cam Davis) |
| 2 | Wednesday, 6 th May 2020 | 9:00 | 10:30 | GP CBL - Palliative Care - Group A Advanced Care Directives summary sheet - Pep Salmon (2019 - Nick Bien) Someone's Died - What do you do? - Summary sheet & DOCES - Schyler Walker (2019 -Conor Lees) |
| | Wednesday, 6 th May 2020 | 11:00 | 12:30 | GP CBL - Palliative Care - Group B Advanced Care Directives summary sheet - Pep Salmon (2019 - Nick Bien) Someone's Died - What do you do? - Summary sheet & DOCES - Schyler Walker (2019 -Conor Lees) |
| | Wednesday, 6 th May 2020 | 14:00 | 17:00 | GP Rural & Remote Presentations & Professional Practice Discharge Planning Task Handout & DOCES - Pep Salmon (2019 - Alex Davies) Discharge Letters written task -Schyler Walker (2019 - Vincent Horton) Discharge against Advice - Summary Sheet & DOCES - Ellie Wivell (2019 - Kade Lynd) Angry Patients - Summary Sheet & DOCES - Abbey Campton (2019 - Sophie Sanderson) |
| | Thursday, 7 th May 2020 | 8:30 | 10:30 | GP CBL - Chronic Pain - Group A Chronic Pain summary sheet – Shaye Davies (Emily Duncombe) DOCES explaining chronic pain – Alice Thompson (Henry Johnston) |
| | Thursday, 7 th May 2020 | 11:00 | 13:00 | GP CBL - Chronic Pain - Group B Chronic Pain summary sheet – Shaye Davies (Emily Duncombe) DOCES explaining chronic pain – Alice Thompson (Henry Johnston) |
| 3 | Wednesday, 17 th June 2020 | 9:00 | 10:30 | GP CBL - Group A Sleep Disorders |
| | Wednesday, 17 th June 2020 | 11:00 | 12:30 | GP CBL - Group B Sleep Disorders |

| | | | | |
|--------------------|--|-------|-------|---|
| | Wednesday, 17 th June 2020 | 14:00 | 17:00 | GP Rural & Remote Presentations & Professional Practice Managing Uncertainty - Jacob Rundle (2019 - Alex Johnson) MUS - Hannah Steele (2019 - Khezia Chalwe) Managing Mistakes, Complaints and Open Disclosure - Heather Kelly (2019 - Elle Maulder) Reducing Mistakes - Sarah Crawford (2019 - Adil Mubarak Ali) |
| 3 | Thursday, 18 th June 2020 | 9:00 | 10:30 | GP Skills - Skin Cancers - Referrals / Dermatoscope - Group B |
| | Thursday, 18 th June 2020 | 11:00 | 12:30 | GP Skills - Skin Cancers - Referrals / Dermatoscope - Group A |
| 4 | Tuesday, 22 nd September 2020 | 09:00 | 12:30 | GP Rural & Remote Presentations & Professional Practice Domain 3 Health Services and resources Health Service Resource management Evidence-based Medicine Georgie Winter (2019 - Ashley Brown) Over Investigation – Serina Seah (2019 - Frankie Williams) Over Treatment – Sa Costa (2019 - Angus Ewing) Drug Companies – Josie Painter (2019 - Alex Davies) |
| | Thursday, 24 th September 2020 | 09:00 | 11:00 | GP CBL - Disability - Group B Long Term Disability - Acquired Brain Injury - Eve Taylor (2019 - Tom Rimmelzwaan) Communication Strategies with Disabled People - Declan Hilder (2019 - Genevieve Stather) |
| | Thursday, 24 th September 2020 | 11:30 | 13:30 | GP CBL - Disability - Group B Long Term Disability - Acquired Brain Injury - Eve Taylor (2019 - Tom Rimmelzwaan) Communication Strategies with Disabled People - Declan Hilder (2019 - Genevieve Stather) |
| Intern week | Tuesday 3 rd November 2020 | 9:00 | 12:00 | Intern Prep Session & Concise Handovers Teamwork - Georgie Winter (2019 - Alice McComiskie) Professional Boundaries Issues for Interns - Serina Seah (2019 - Sandon Lowe) Preparing for Difficult Situations as an Intern - Sa Costa (2019 - Nick Bien) Managing waiting times and blocked beds- junior doctors role - Josie Painter |

General Practice

The following learning outcomes and discipline-related topics apply mainly to year 5 clinical rotations. They are included here for information as some areas will be encountered by students during their year 4 clinical rotations. This particularly applies to students at RCS undertaking the Longitudinal Integrated Placement in Rural General Practice and attachments to the Department of Emergency Medicine. Students will see most presentations from other disciplines in General Practice and will learn how to manage preventative care, uncertainty and multimorbidity.

| <i>Common Presentations for this rotation (2.1)</i> | <i>Common Clinical Conditions for investigation and management on this rotation (2.7-2.13)</i> |
|---|--|
| Acute and Chronic presentations of all the other disciplines | Acute and ongoing management of most conditions listed in all disciplines |
| <ul style="list-style-type: none"> • The nurse said my blood pressure was high • My chest feels tight • I've got heartburn • I get out of breath easily • I feel tired all the time • I feel useless • I feel stressed • I need something to help me sleep • I've had a headache for the last 2 days • I want to lose weight • I feel dizzy • My joints hurt • I'd like to go on the pill • It stings when I go to the toilet • My back hurts • I'm losing weight; I'm still coughing; I've got a pain, I have to go to the toilet all the time; I've found a lump in my breast • Can you check my skin • I've got a sore throat • My ear hurts • I've got diarrhoea • Can I have a check up • I need a repeat script • Do I need all these tablets • I have 4 chronic diseases • This pain won't go away • Can I have a sick note • I hurt myself at work | <ul style="list-style-type: none"> • Hypertension • Asthma, angina • Gastro-oesophageal reflux & alcohol dependence • Chronic obstructive pulmonary disease (COPD), heart failure & smoking • Undifferentiated conditions Diabetes, anaemia, hypothyroidism, insomnia, depression, early pregnancy, chronic fatigue syndrome • Depression • anxiety • insomnia • Migraine, tension headache • Arthritis • Contraception • Urinary tract infection, chlamydia & common STDs • Mechanical low back pain • Early presentations of common cancers: lung, bowel, prostate & breast • Eczema, Acne, psoriasis, fungal infections, skin cancer, sun damage, systemic features of disease. • Viral sore throat, glandular fever, tonsillitis • Otitis media & externa • Gastroenteritis • Screening, immunisation and health checks • Management of chronic disease • Polypharmacy • Multimorbidity GP management plan • Chronic Pain |

18 Common GP problems:

Adapted from Bristol Medical School handbook using Australian BEACH data

| Problem | Presentation | Learning objectives |
|--|---|---|
| Hypertension | The nurse said my blood pressure was high | Demonstrate how to diagnose and manage hypertension. |
| Asthma, angina | My chest feels tight | Describe how to diagnose asthma & angina, how to manage these chronic conditions. |
| Gastro-oesophageal reflux & alcohol dependence | I've got heartburn | Describe investigation & management of heartburn. Demonstrate ability to recognize alcohol dependence & offer help with stopping drinking. |
| Chronic obstructive pulmonary disease (COPD), heart failure & smoking | I get out of breath easily | Describe how to diagnose & manage COPD and heart failure. Demonstrate ability to help someone to stop smoking. |
| Diabetes and other chronic diseases | | Screening and health checks Diabetes cycle of care and chronic disease management |
| anaemia, hypothyroidism, insomnia, depression, early pregnancy, chronic fatigue syndrome | I feel tired all the time | List differential diagnosis of tiredness. Describe how to investigate anaemia. Describe presentation, investigation & management of each of these conditions. Medically unexplained symptoms Diagnostic uncertainty and safety netting |
| Depression | I feel useless | Be alert to possibility of depression and use skilful questioning to confirm diagnosis. Be familiar with at least one antidepressant drug. |
| Migraine, tension headache | I've had a headache for the last 2 days | Demonstrate how to assess a patient with a headache. Discuss treatment & prophylaxis for migraine. |
| Contraception | I'd like to go on the pill | Be familiar with at least one combined oral contraceptive pill. Demonstrate how to assess a patient before starting her on the pill and how to follow her up. Discuss methods of post-coital contraception. |
| Urinary tract infection, chlamydia & common STDs | It stings when I go to the toilet | Demonstrate how to manage simple UTIs and be alert to possibility of prostatic hypertrophy/cancer in men. Be alert to possibility of STDs causing dysuria. Feel confident in taking a sexual history. |
| Mechanical low back pain | My back hurts | Demonstrate management of back pain & discuss when investigation is warranted. Work place injuries |
| Common cancers: lung, bowel, prostate & breast | I'm losing weight; I'm still coughing; I've got a pain, I have to go to the toilet all the time; I've found a lump in my breast | Describe how these 4 common cancers might present and know how to reach a definite diagnosis. Describe how to manage a patient who is terminally ill as the result of any of these cancers. |
| Eczema | I've got this itchy rash | Recognise & demonstrate how to manage eczema. |
| Viral sore throat, glandular fever, tonsillitis | I've got a sore throat | Discuss management options for each of these conditions. Communicate the potential benefits & disadvantages to the patient. |
| Otitis media & externa | My ear hurts | List differential diagnosis of earache & management options for otitis media & externa. |

| Problem | Presentation | Learning objectives |
|--|---|---|
| Gastroenteritis | I've got diarrhoea | Describe management of food poisoning & oral rehydration. |
| Preventative care Screening and health checks | Can I have a check up Do I really need those needles? | Evidence base for health checks in different age groups and populations - 4 year old ,45-49,over 75 and item numbers Screening programmes for breast, cervix, bowel, cancer and diabetes Shared negotiation around non screening tests eg PSA testing. |
| Skin damage, cancer | Can you check my skin | Common skin conditions and their management |
| Medically unexplained symptoms | Chronic pain or fatigue | Diagnostic uncertainty and safety netting |
| Sleep disorders | I can't sleep | Management of insomina |
| Dementia | My partner has memory issues / behaviour changes | Investigation and management of dementia |
| Arthritis | My hands/knee/shoulder/ hips hurt | |
| Vertigo/Dizziness | I've been feeling dizzy | Investigation of dizzy turns. Management of common causes of dizziness and vertigo |
| Anxiety | I'm stressed out | History taking and management of anxiety |
| Obesity | It's my metabolism I just need a diet tablet | Management of obesity |
| Childhood injury prevention | My toddlers scalded himself | |