

UNIVERSITY of TASMANIA

**WICKING**   
Dementia Research and Education Centre

MOOC

# Understanding Dementia

FREE ONLINE SHORT COURSE



MASSIVE OPEN ONLINE COURSE

# Understanding Dementia

## COURSE DETAILS

**Duration:** 7 weeks

**Estimated effort:** 3 hours per week

**Cost:** Free

Available on your computer,  
tablet or phone **24/7**

## ABOUT THIS COURSE

You'll learn from the global leaders in the field of dementia research and education, and gain knowledge to improve the quality of life for those living with dementia.

Understanding Dementia is designed to be accessible and appealing to people from diverse backgrounds including:

- People living with dementia, their families, friends and caregivers
- Community and residential facility support staff
- Health professionals
- Health policy makers
- Individuals with a general interest in dementia

## Anyone can develop dementia, everyone can help.

Dementia has a profound impact on individuals, families and communities, and the number of people with dementia across the world increases every year as our global population ages.

Dementia is now one of the most significant health, social and economic issues of the 21st Century.

Understanding Dementia examines the diseases that cause dementia, how they impact the person with dementia and the treatments and care practices that enhance quality of life across the trajectory of dementia for people with the condition, their families and caregivers. It provides avenues for engaging with participants from around the world about this major international health issue.



Learn from home at your own pace with no exams or assignments



Understand the condition and improve dementia care



**Free** online short course taught by the **Wicking Dementia Centre**.

## COURSE OUTLINE:

### 1.

#### The Brain

Provides a background on basic nervous system anatomy and function, followed by a discussion of the diseases that cause dementia, current dementia research and future directions.

### 2.

#### The Diseases

Explores differences between normal ageing and dementia, risk factors, symptoms of dementia, issues surrounding diagnosis, as well as medical management.

### 3.

#### The Person

Addresses identifying and responding to symptoms, living with dementia, progression and staging, palliation, behavioural and psychological symptoms, and non-pharmacological therapies.

For more information or to enrol, visit [mooc.utas.edu.au](https://mooc.utas.edu.au)