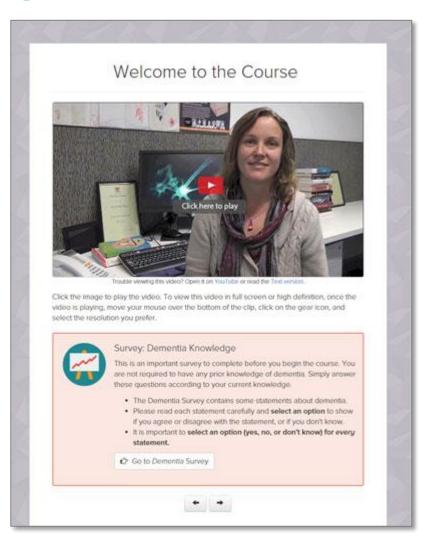
Quality Online Spaces



Broader benefits of the MOOC A legacy of Understanding Dementia

The Content Template solution

- Originally developed for Understanding Dementia
- An example of benefitting from experimenting with online design and delivery
- Aligns with the UTAS blended learning model
- Proven success (very high MOOC completion rates)



CAD110

Negotiated Studies in Understanding Dementia



Reflective writing is a practice in which the writer describes a real or imaginary scene, event, interaction, passing thought, memory, form, adding a personal reflection on the meaning of the item or incident, thought, feeling, emotion, or situation.

- http://en.wkipeda.org/wki/Reflective_vrting



Reflective Writing

What is reflective writing?

Deflective unities in

- . your response to experiences, opinions, events or new information
- · your response to thoughts and feelings
- . a way of thinking to explore your learning
- . an opportunity to gain self-knowledge
- . a way to achieve clarity and better understanding of what you are learning
- . a chance to develop and reinforce writing skills
- . a way of making meaning out of what you study

Reflective writing is not

- . Just conveying information, instruction or argument
- . pure description, though there may be descriptive elements
- straight forward decision or judgement (e.g. about whether something is right or wrong, good or bad)
- . simple problem-solving
- a summary of course notes
- · a standard university essay

from http://www.ic.unsw.edu.au/onlib/pdfreflective.pdf



Content Template What is it, and why use it?

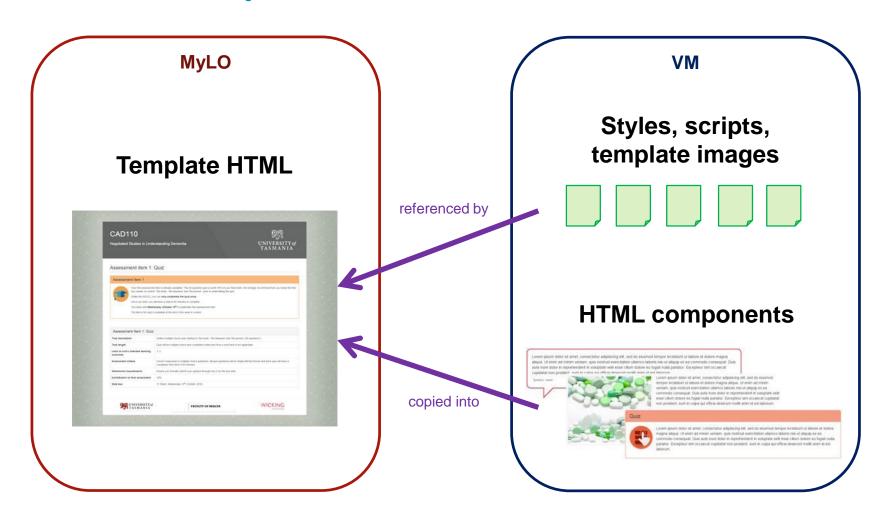
What it is:

- A content solution
- A process for using it
- A collection of web components for presentation and functionality

What it is not:

- A whole-of-unit 'template' (i.e. the Minimum Online Presence)
- Merely a webpage layout

Content Template Its use in MyLO



Content Template How to use it

Copy to Clipboard

Revision of The Nervous System - Part 1



Dr Carolyn King and Dr Natthew Xirkbaldle

r Carolyn King

Or Matthew Kirkcaldile is a neuroscientist here at Wicking. He is going to tell us a bit about how the brain works, what those little parts are that make up the brain, the nerve cells or neurons, and a bit about how it relates to the issue of dementia.

I guess the first thing we really need to know is - what is the nervous system?

Or Malifest Witcold

Well the nervous system is a specialised part of the body which is adapted for gathering information from the outside world and it organises and understands that information. So there are familiar things like vision and hearing and touch and that sort of stuff. It combines all that information together and, by understanding it, then forms an idea of how you ought to behave. So you can make certain responses. You can decide to talk to someone, or scratch your nose, whatevery ou want to do.

-

it's got the sense of shifting information through the body. Is that a communication type of mechanism?

Or Matthew 90/km



That is the main thing that the nervous system does. We are used to thinking about the nervous system as having the central organising parts, being the treat, of course, up here in the head and also you have got sort of a nerve trunk that comes from the treat down through the back bone. And then, from this trunk, the spinal cord, we have got all sorts of nerves that feed out to the rest of the body.

putCaptionHere

Those nerves are sort of two way streets and what they do is they both collect information from say the skin or from other sensory parts of the body and they bring it in. They also carry information from the nervous system which is

used to control things, out to the muscles and glands. The main thing that the nervous system does is to connect the loody together; it is like an organishing network that regulates most things that go on in the body. But what it needs to do that is connection between cells.

The Principles (Cont.)

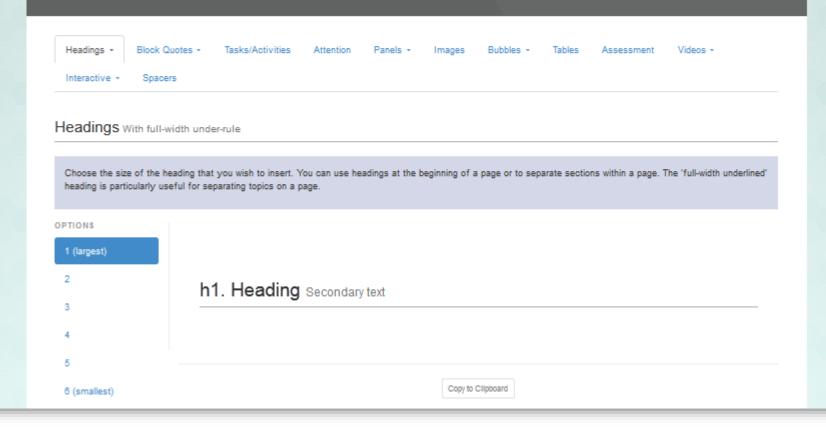
Now you are talking about the cells. What are the cells of the nervous system?





Template Builder

Contact: Digital.Team@utas.edu.au



Calendar



The calendar will help you keep track of key dates.

Activity



General tasks and activities will appear here.

Learning Outcomes



Learning Outcomes are the results and skills you can expect to gain from a unit.

Discussion



MyLO Discussion Forums are a place where you can post comments with your peers.

Quiz



Online quizzes will test your knowledge.

Reading



Your lecturer may prescribe specific readings to support your learning.

Survey



You may be asked to participate in surveys.

Experiment



You may be asked to conduct an experimental task.

Calendar



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Discussion



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Reflection



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Quiz



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Reading



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Single Question



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Learning Outcomes



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Assessment Item



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Lecture



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Survey



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Experiment



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Thought Tree



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Activity



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Insert a video clip from YouTube or Echo360 into your unit. For YouTube clips, you will need to locate your video's unique embed code and paste it into this tool BEFORE selecting 'copy to clipboard'.

To find the embed code for a YouTube video, open the video on YouTube and select the 'Share' tab below the clip. Then select the 'Embed' tab and copy the code located within the box. Paste this code into the video insertion tool in the template components, then copy the video to your clipboard for pasting in to your unit.

OPTIONS

16:9 aspect ratio

4:3 aspect ratio



putCaptionHere

YouTube embed code

YouTube embed code

Copy to Clipboard



Health is not valued till sickness comes.

Thomas Fuller

What do you know about healthy living?



Since this is essentially a unit about health and how it can be improved for individuals, as well as communities, we thought it might be interesting to start with a few health facts.

Below are some questions. Have a think about the answers before revealing them. You might be surprised at what you discover!

Food

Are there more overweight or under-nourished people in the world? Select your answer.

Overweight

Under-nourished

Correct! There are currently 1.6 billion overweight people in the world (that's out of a total population of 7.27 billion)

Illness and disease

Put in order from HIGHEST to LOWEST the number of deaths in the world this year from the following causes (simply drag and drop using your mouse - you will know when you get the correct answer!).

Malaria

Smoking

Cancer

Alcohol

Correct - were there any surprises for you? Cancer Smoking Alcohol Malaria

DESCRIPTION OF	
High Blood Sug	ar
Stressful work	environment
Sedentary Life	style
Drinking 8 glas	ses of water a day
Socialising	
kely	
-	act 30 minutes a day
-	ast 30 minutes a day
-	
Exercising at le	

Orange Juice vs. Milk

Which of the following has the most calories?

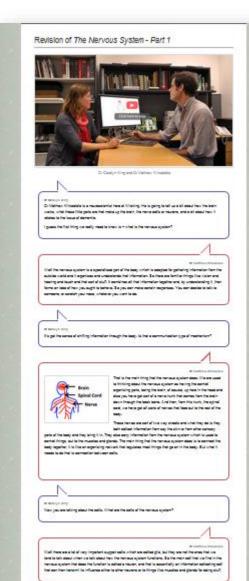
100mL of freshly squeezed orange juice or 100mL of milk? (click on the image to find out)





No. 100ml of freshly squeezed orange juice has **45 calories**. Over 90% of the calories in orange juice are from carbohydrates (sugar).

Content Exporter



Week02 - The Nervous System

Revision of The Nervous System - Part 1



Dr Carolyn King and Dr Matthew Kirksaldia.

Or Carolyn King
Or Matthew Klakpaldia, is a neuroscientist here at Wicking. He is going to tell us a bit about how

I guess the first thing we really need to know is what is the nervous system?

Well the nervous system is a specialised part of the body which is adapted for gathering

within the feet you supermin a subclears upon to viril not our you with a subclear or granting in information from the couldse level and to openates and undestanded that information. So there are ferminer things like vision and hearing and bould and that so of such ill. occurries all limit information together and, by undestanding it, then frome andered show you copied to behave. So you can make cardial responses. You can decide to talk to someone, or scratch your hose, whatever you want to do.

It's got the sense of shifting information through the body. Is that a communication type of

Dr Matthew Klidspaldia

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Now you are talking about the cells. What are the cells of the nevous system?

essentially an information collecting cell that can then transmit its influence either to other neurons or to things like muscles and glands for doing stuff.

What do cells look like? Are they big or are they very small structures. How would we think about

Dr Matthew Klidspaldia

Well the cell body, the sort of organising part of it is very tiny so that is something that you would well into cell loday, itself on displanting part of its a very vity sound is sameting they ago sold never see with your own unabled see But what's interesting about home to go proposition and other cells in the body, they are the only ones that are street to really long propositions that other cells agent 10, but example, if it has a sentionly require the sets surface, the, it nights send a filter that goes up into the spinion enery lent, over see along paths to tittle cell bodies, trivers to here this the build is them and makes to correction them.

So even though it is very fain, it can actually be very long like a cable that connects between different cells?

Yes, much, much finer than a human hair would be the actual fibre itself. But the length of the

Dr Carolyn King These main communicating type cells do we have an idea of what they look like?

Or Matthew Kirkoaldie. Neurons have got all sorts of different shapes depending on the jobs that they are doing. If you

were to draw a generic or an average neuron you might have the cell body that has the cell

The nucleus is the centre part where all the genes and all the chromosomes are kept, the recipe

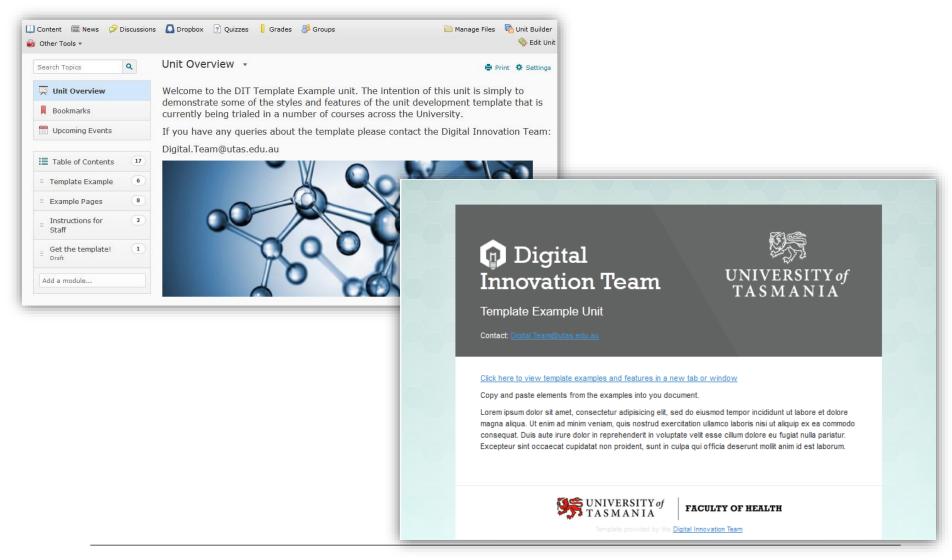
Or Matthew Kinkoaldia. Yes, it is the organising center for the cell. Then we might have a little bit of a cell loody around that for the cell to do things like making proteins. And then neurons typically have a direction to them. So they collect information from very fine receiving structures that we call dendrites.

Evaluating the Template solution For potential broader deployment

Goal	Description
Efficiency and sustainability	Does the system avoid burdensome workloads and improve processes?
Knowledge sharing	Is the system documented well?
Quality and conformance	Does the system work well?
Usability	Is the system easy to use?
Extensibility and scalability	Can the system be deployed more broadly?
Security	Is the system robust?
Accessibility	Is the system able to be used by people with disabilities?

Exemplar unit

Evaluation, engagement and education



Questions?

