



JULIET SONDERMEYER

REGISTERED NURSE, HUON REGIONAL CARE

ABOUT THE HUON VALLEY

The Huon Valley, south of Hobart, was first settled in 1836 with Franklin and Cygnet being the oldest towns. Residents of the Huon Valley vary from people seeking life style change (such as myself) to 4th and 5th generation locals.

Best known as one of Tasmania's primary apple growing areas, the district now also boasts cherry and fish farming as well as superb grass fed meat.

Being renowned for its scenic beauty and popular fishing and boating spots, tourism is also important to the area.

ABOUT RURAL PLACEMENTS

A rural placement offers you:

- First-hand experience of a rural lifestyle and work environment
- Exposure to a more diverse range of experiences
- Extra support including learning and teaching, social and accommodation support
- Opportunities to connect with other students
- Potential job opportunities – there is a shortage of rural health professionals ... experiencing rural practice and engaging with the community could entice you to work here later on
- An opportunity for so many great experiences and to see and do things that you otherwise might not

ABOUT ME

I trained in London in the Early 80s and lived in Austral for 34 years. I have experience in just about every area of nursing except paediatrics and neonates!

For the last 20 years I have worked as Lecturer and Senior Lecturer at the University of Tasmania teaching undergraduate and postgraduate health professionals. I have a strong interest in teaching students whose first language is not English.

I have lived in the Huon for 9 years, and have been involved in a community health literacy outreach program for the past 3 years. This work has given me an insight into the special nature of the Huon community and its commitment to care, through compassion, good communication and teamwork.

RURAL PROFESSIONAL EXPERIENCE PLACEMENTS

YOUR WHOLE OF COMMUNITY FACILITATOR

The University's College of Health and Medicine has engaged part-time Whole of Community Facilitators in rural and remote communities across Tasmania.

Our role is to provide local support for you to get the most from your rural placement and to enjoy the opportunity to live and work in our community.

We are here to guide and mentor you while you are on placement and to support you in your learning.

This may include:

LEARNING SUPPORT	RESOURCES	SOCIAL SUPPORT
<p>Helping you with your learning strategies and plans</p> <p>Making sure you have access to one-on-one support</p> <p>Liaising with your supervisor/preceptor or Unit Coordinator – either with you, or on your behalf</p> <p>In some cases we may be involved in your supervision and assessment – either directly or indirectly</p>	<p>Helping you access the resources you need</p> <p>Arranging orientation tours of the facility that is hosting you on placement</p> <p>Providing lists of key contacts at the University and in the community who are the “go to” people if you have any issues or problems</p>	<p>Showing you where things are and how to get around</p> <p>Helping you work out what to do while you are here</p> <p>Putting you in touch with other students on placement in our community</p>

CONTACT INFORMATION

HUON REGIONAL CARE

FRANKLIN: 3278 Huon Highway, Franklin, 7113 www.huonregionalcare.org.au/
 DOVER: 15 Chapman Avenue, Dover, 7117 Phone (03) 6264 7100
 NUBEENA: 1614 Nubeena Road, Nubeena, 7184 Phone(03) 6250 9000



<http://www.utas.edu.au/health/virtual-tour/rural-health/dover/>
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To learn more about the Huon Valley visit:
www.discovertasmania.com.au/about/articles/huon-valley

