

# JUNIOR DOCTOR TERMS IN GENERAL PRACTICE

## Planning for your term in SMITHTON

### Smithton

Smithton is the last stop before Arthur River – and the beginning of the Tarkine wilderness.

Surrounded by lush green fields fed by the rains of the Roaring Forties, Smithton has plenty of in-town and nearby attractions. Sample some of Tasmania's best dairy products, fresh seafood and prime beef, available at farm gates, eateries in town or where ever you are in the region.

Further west of Smithton at Marawah, thrill-seeking surfers take on the seriously dangerous swells of the wild Southern Ocean and Tasmanian devils can be seen in the wild on a unique overnight stay.

At Cape Grim on Tasmania's north-western tip you can breathe the cleanest air in the world on a spectacular guided coastal walk and tour Tasmania's largest wind farm harnessing the powerful winds of the Roaring Forties.

For more information about Smithton go to:

<https://www.discovertasmania.com.au/about/regions-of-tasmania/north-west/smithton>



*Congratulations on choosing to undertake a Junior Doctor Term at the Ochre Medical Centre Smithton.*

*We hope that you have a fabulous experience living and working in Smithton – not only as a learning opportunity but also to see and do things that you otherwise might not.*

*The following information will help you prepare for the term.*

### Employment/Hours of Work

During your GP term you will be required to work standard general practice hours Monday-Friday, with **no overtime or weekend work**.

You may choose to participate in practice work outside these hours to take advantage of other learning opportunities. **These activities will not be paid as overtime or time off in lieu of overtime.**

The Tasmanian Health Service (THS) will automatically pay you for 76 hours each fortnight. **No timesheets need to be submitted to payroll.**

You will need to keep a fortnightly timesheet to record hours worked and any leave taken. These need to be signed by a GP supervisor and sent to Molly Rumbold [ohmcrosebery@ochrehealth.com.au](mailto:ohmcrosebery@ochrehealth.com.au)

**Any accrued flex time will need to be taken within a fortnight of accruing and all flex time must be taken prior to the end of your GP rotation.**

### Ochre Medical Centre Smithton

Address: 14 King Street, Smithton

Phone: (03) 6452 2555

Email: [smithton.admin@ochrehealth.com.au](mailto:smithton.admin@ochrehealth.com.au)

Open: Monday to Friday 8.30am to 5.30pm

Closed: Saturday & Sundays & public holidays

Web:

<https://www.ochrehealth.com.au/practices/tasmania/ochre-medical-centre-smithton-tas/#tab>

### Leave

One weeks annual leave may be taken during the GP term. This is to be coordinated through Shauna Cole .

### Indemnity

You will continue to be employed by the THS during your GP term and will be covered by THS medical indemnity insurance.

### Accommodation

Accommodation can be organised for you in Smithton at the UTAS accommodation. This is a shared house, you will have your own room with ensuite, but all other areas are communal. This will need to be organised well before your rotation as to secure a room at the accommodation.

### Transport

Junior Doctors will be required to use their own car. You will be provided with a fuel allowance at the beginign of your term to assist in travel to and from the location. Please ask the inter co-ordinator how to apply.

Smithton is a 1-hr drive (86 km) from Burnie.

If you do not have a riers licence or foresee any problems with using your own vechile, please contact the practice manager to discuss your specific needs.



# Services

## Ochre Medical Centre Smithton

Ochre Medical Centre Smithton is the sole General Practice serving the greater Circular Head Region.

The medical centre provides quality and timely medical care to approximately 8000 people living in the largest district in Tasmania. The doctors at the centre have admitting rights to Smithton District Hospital and provide the state government with in-patient and accident and emergency services.

Ochre Health supports private billing, with bulk billing available to some groups in line with Medicare guidelines. As a general guide, pensioners (over 65 years of age), health care cardholders and children under the age of 16 may be bulk billed at certain times of the day.

## Other Health Services

Vaccinations, Mental Health and Chronic Disease Management, Antenatal Shared Care, Emergency Care, Family Planning, Medicals – Employment & Insurance, Drivers, Men's & Women's Health, Skin Checks, Travel Medicine & Advice and Minor Surgery. Visiting allied health services include dietician, Audiologist and onsite clinical Optometrist with specialised

After Hours emergency services are provided **by After Hours GP Assist helpline.**

## Dr Daryl O'Connor

General Practitioner & Principal Supervisor **MBBS**  
**FRACGP**

Special interests. Chronic disease, women's health, minor surgical



Dr Daryl O'Connor is a general practitioner who will have primary responsibility for the term in Smithton Medical Centre,

Dr O'Connor trained in Fiji, graduating in 2002 from the Fiji School of Medicine. His background includes working in Obstetrics/Gynaecology and General Practice. Dr O'Connor and his family moved to Smithton from Fiji in 2014.

Outside of surgery he enjoys time with his family and spending time in the outdoors.

# About your term

## Orientation

Ochre Health will provide orientation with all eight Junior Doctors undertaking GP terms during the first week of the term. This will focus on familiarisation with community based general practice, including clinical software, Medicare, medical records and the philosophy behind quality GP led primary care. Orientation will continue on-site at the practice.

## Supervision

Your day-to-day supervisor will primarily be Dr Daryl O'Connor. As Dr O'Connor is the primary supervisor, there will be locum GP support as required.

You will be provided with a copy of the roster so that you will always know who your direct supervisor is on any given day.

## Mentors

The Rural & Regional Medical Training Hub will provide you with an independent mentor for you to touch base with during your term. This person will not be involved in your supervision or assessment. You will be introduced to your mentor before going on rotation and they will be available to meet with you on a regular basis.

## Peer Support

You will be introduced at the beginning of your term to other Junior Doctors on rotation at other rural primary care practices.

You will have access to video conference facilities and are encouraged to maintain peer-to-peer contact throughout your term.

You will be supported to remain in contact with your Intern colleagues at the North West Regional Hospital (your base hospital) by continuing to participate in the hospital Intern education program.

## CONTACTS

### Recruitment:

Shauna Cole  
Medical Workforce Unit Coordinator  
THS – North West  
(03) 6478 5327  
[shauna.cole@ths.tas.gov.au](mailto:shauna.cole@ths.tas.gov.au)

### Mentor:

Dr Ginita Oberoi  
General Practitioner Victoria Street  
Clinic, Ulverstone  
(03) 64252900  
[ginita.oberoi@utas.edu.au](mailto:ginita.oberoi@utas.edu.au)

### Practice Manager:

Sue Burke  
Ochre Medical Centre Smithton  
14 King Street, Smithton  
(03) 64 522 555  
[Smithton.manager@ochrehealth.com.au](mailto:Smithton.manager@ochrehealth.com.au)

### About the term:

Dr Alison Tasker  
Director of Clinical Training  
Tasmanian Health Service  
[alison.tasker@ths.tas.gov.au](mailto:alison.tasker@ths.tas.gov.au)

Dr Daryl O'Connor  
General Practitioner & Principal  
Supervisor  
Ochre Medical Centre Smithton  
(03) 64 522 555

Prof Dennis Pashen  
Tasmanian Medical Coordinator  
Ochre Health  
0418 771 441  
[dpashen@ochrehealth.com.au](mailto:dpashen@ochrehealth.com.au)

## When you arrive

On the first Monday of your term make your way to the General Practice and ask for the Practice Manager who will show you around the facilities.

Your supervising GP and the Practice Manager will introduce you to the practice, the town and members of the community.

