



VICKI HIGMAN

REGISTERED NURSE, NEW NORFOLK

ABOUT THE DERWENT VALLEY

The Derwent Valley is a beautiful region taking in the many small towns North of Hobart on the upper stretches of the Derwent River. The largest town in the region is New Norfolk.

New Norfolk is the third oldest settlement in Tasmania, established by evacuees relocated from Norfolk Island after the island prison was abandoned in 1807. It is a bustling town with a rich history, quality produce and pretty rural scenery.

ABOUT RURAL PLACEMENTS

A rural placement offers you:

- First-hand experience of a rural lifestyle and work environment
- Exposure to a more diverse range of experiences
- Extra support including learning and teaching, social and accommodation support
- Opportunities to connect with other students
- Potential job opportunities there is a shortage of rural health professionals ... experiencing rural practice and engaging with the community could entice you to work here
- An opportunity for so many great experiences and to see and do things that you otherwise might not.

ABOUT ME

I am a Registered Nurse at New Norfolk District Hospital. I completed my Bachelor of Nursing Science at James Cook University in 2013 and completed a Re-entry to practice Nursing in 2020. I have since worked at the Royal Hobart Hospital Children's and Adolescents Unit and at New Norfolk District Hospital.

I moved to the Derwent Valley around 3 years ago from Cairns in Far North Queensland and I am passionate about everything our beautiful valley has to offer.

RURAL PROFESSIONAL EXPERIENCE PLACEMENTS

YOUR WHOLE OF COMMUNITY FACILITATOR

The University's College of Health and Medicine has engaged parttime Whole of Community Facilitators in rural and remote communities across Tasmania.

Our role is to provide <u>local</u> support for you to get the most from your rural placement and to enjoy the opportunity to live and work in our community.

We are here to guide and mentor you while you are on placement and to support you in your learning.

This may include:

LEARNING SUPPORT

Helping you with your learning strategies and plans

Making sure you have access to one-on-one support

Liaising with your supervisor/preceptor or Unit Coordinator – either with you, or on your behalf

In some cases we may be involved in your supervision and assessment – either directly or indirectly

RESOURCES

Helping you access the resources you need

Arranging orientation tours of the facility that is hosting you on placement

Providing lists of key contacts at the University and in the community who are the "go to" people if you have any issues or problems

SOCIAL SUPPORT

Showing you where things are and how to get around

Helping you work out what to do while you are here

Putting you in touch with other students on placement in our community

CONTACT INFORMATION

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http://www.utas.edu.au/health/virtual-tour/rural-health/new-norfolk/

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To learn more about New Norfolk and the Derwent Valley visit: www.discovertasmania.com.au

