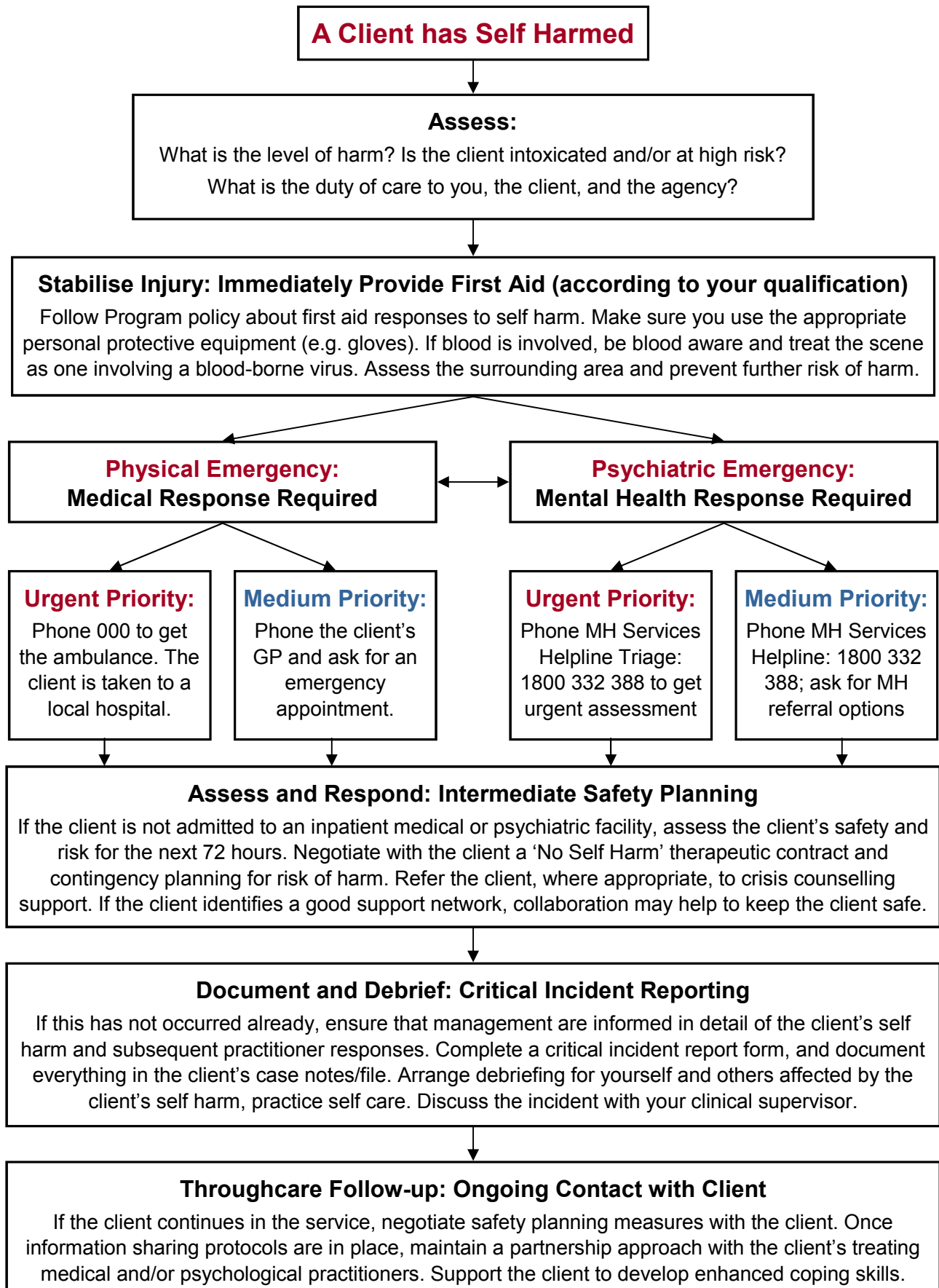


Alcohol & Other Drugs Practitioner Protocols for Responding to Self Harm

A Resource from the Comorbidity Improved Services Project, School of Sociology & Social Work at the University of Tasmania and the Salvation Army Bridge Program.





Self Harm Emergency Contacts & Potential Referral Options

Emergency Services: Phone 000

Ambulance, Police, or Fire Brigade

Mental Health Services Helpline

Phone 1800 332 388 (24 hrs statewide)
Triage, Referral, Information & Advice

Department of Emergency Medicine, Royal Hobart Hospital

Phone (03) 6222 8423

Department of Emergency Medicine, Launceston General Hospital

Phone (03) 6348 7924

Department of Emergency Medicine, North West Regional Hospital Burnie

Phone (03) 6430 6633

Department of Psychological Medicine Royal Hobart Hospital

Phone (03) 6222 8805

Spencer Clinic Psychiatric Unit, Burnie

Phone (03) 6430 6575

Parkside Community Mental Health

Phone (03) 6434 6434 (Burnie)

Clare House (Child & Adolescent MH)

Phone (03) 6233 8612 (Hobart)

Lifeline Telephone Counselling

Phone 13 11 14 (24 hrs statewide)

Salvo Care Line (Suicide Prevention)

Phone 1300 36 36 22 (24hrs statewide)

Poisons Information Line

Phone 13 11 26 (24 hrs statewide)

Beyond Blue Depression & Anxiety Information & Referral Helpline

Phone 1300 224 636 (24 hrs statewide)

Hobart Women's Health Centre

Phone (03) 6231 3212

Women's Health Information Service

Phone (03) 6334 8335 (Launceston)

Sexual Assault Support Service

Phone (03) 6231 1811 (Hobart)

Phone (03) 6334 2740 (Launceston)

North West Centre Against Sexual Assault (CASA)

Phone (03) 6431 9711

Phoenix Centre (Refugees, Trauma)

Phone (03) 6221 0999 (Hobart)

Drug & Alcohol Clinical Advisory Service

Phone 1800 630 093 (24 hrs statewide)

The Corner Youth Health Centre

Phone (03) 6334 0800 (Launceston)

The Link Youth Health Service

Phone (03) 6231 2927 (Hobart)

Youth & Family Focus

Phone (03) 6424 7375 (Devonport)

Holyoake (Families, Individuals, Youth)

Phone (03) 6224 1777 (Hobart)

References: This document was designed around an adapted model from the following resources:

WA Network of Alcohol and Other Drug Agencies (WANADA) (2008) *Crisis Referral Tool for AOD Services*
Drug and Alcohol Office Workforce Development Branch: Western Australia.

Sexual Assault Support Service (2002) *About Self Harm* Brochure: Dept. of Health & Human Services (TAS)

Acknowledgement: © This document was designed by Hannah Graham, Comorbidity Improved Services Project Officer, School of Sociology & Social Work at the University of Tasmania and the Salvation Army Bridge Program (Tasmania). This capacity building project is funded by the Australian Government Department of Health & Ageing. For more information, email Hannah.Graham@utas.edu.au

