



## DENISE MCLEAN

REGISTERED NURSE, DELORAINE

### ABOUT MEANDER VALLEY

*The Meander Valley is a beautiful rural area that encompasses the main towns of Chudleigh, Deloraine, Meander, Mole Creek and Westbury.*

*The area was home to the Aboriginal Pallitorre clan prior to white settlement in the 1820's.*

### ABOUT RURAL PLACEMENTS

*A rural placement offers you:*

- *First-hand experience of a rural lifestyle and work environment*
- *Exposure to a more diverse range of experiences*
- *Extra support including learning and teaching, social and accommodation support*
- *Opportunities to connect with other students*
- *Potential job opportunities – there is a shortage of rural health professionals ... experiencing rural practice and engaging with the community could entice you to work here*
- *An opportunity for so many great experiences and to see and do things that you otherwise might not.*

### ABOUT ME

*I graduated from the LGH in 1984 as a Registered Nurse. I have gained a wealth of experience throughout my nursing career ranging from acute surgical nursing, rural/ remote and community nursing.*

*I have learnt to be flexible, have a broad knowledge base and deliver patient centred care.*

*I have lived in Sheffield for 10 years and I enjoy reading, the outdoors, kayaking and yoga.*

## RURAL PROFESSIONAL EXPERIENCE PLACEMENTS

# YOUR WHOLE OF COMMUNITY FACILITATOR

The University's College of Health and Medicine has engaged part-time Whole of Community Facilitators in rural and remote communities across Tasmania.

Our role is to provide local support for you to get the most from your rural placement and to enjoy the opportunity to live and work in our community.

We are here to guide and mentor you while you are on placement and to support you in your learning.

This may include:

#### LEARNING SUPPORT

Helping you with your learning strategies and plans

Making sure you have access to one-on-one support

Liaising with your supervisor/preceptor or Unit Coordinator – either with you, or on your behalf

In some cases we may be involved in your supervision and assessment – either directly or indirectly

#### RESOURCES

Helping you access the resources you need

Arranging orientation tours of the facility that is hosting you on placement

Providing lists of key contacts at the University and in the community who are the "go to" people if you have any issues or problems

#### SOCIAL SUPPORT

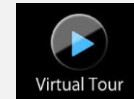
Showing you where things are and how to get around

Helping you work out what to do while you are here

Putting you in touch with other students on placement in our community

### CONTACT INFORMATION

Deloraine District Hospital  
17 E Barrack St, Deloraine TAS 7304  
Phone: (03) 6701 2111



<http://www.utas.edu.au/health/virtual-tour/rural-health/deloraine/>

As I am a shift worker, you may wish to contact me by mobile and I will return your call.  
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To learn more about the Meander Valley visit: [www.discovertasmania.com.au](http://www.discovertasmania.com.au)

