

# JUNIOR DOCTOR TERMS IN GENERAL PRACTICE

## Planning for your term **QUEENSTOWN**

### Queenstown

Queenstown is the gateway to the West Coast of Tasmania with a rich and rugged mining history, a unique 'moonscape' and loads of 'wild west' appeal. It's close to the edge of Tasmania's World Heritage Wilderness Area and surrounded by great fishing lakes.

Queenstown, the largest town on Tasmania's West Coast, is surrounded by dramatic hills and mountains and was once one of the world's richest mining towns. Mount Sedgewick and Mount Owen are the two largest mountains surrounding the town.

The scenic drive into Queenstown down a spiraling road with over 90 bends is spectacular and a testament to Tasmania's mining past.

The nearby town of Strahan is situated on the second largest natural harbour in the southern hemisphere, Macquarie Harbour, which was once the harshest penal settlement in the British Empire. Strahan has a relaxed atmosphere with access to one of the best natural wilderness wonders - the Gordon River.

Queenstown is approximately two hours' drive (165km) from Burnie.

For more information about Queenstown and the West Coast go to:

[www.discovertasmania.com.au](http://www.discovertasmania.com.au)

[www.westernwilderness.com.au/queenstown\\_tasmania](http://www.westernwilderness.com.au/queenstown_tasmania)



### Queenstown General Practice

Address: 60-64 Orr Street, Queenstown

Phone: (03) 64951523

Email: [ohmcqueenstown@ochrehealth.com.au](mailto:ohmcqueenstown@ochrehealth.com.au)

Open: Monday to Friday  
9.00am to 5.00pm

Closed: Weekends & public holidays

Web:

[www.ochrehealth.com.au/practices/queenstown-general-practice/](http://www.ochrehealth.com.au/practices/queenstown-general-practice/)

*Congratulations on choosing to undertake a Junior Doctor Term at the Ochre General Practice in Queenstown.*

*We hope that you have a fabulous experience living and working in the town – not only as a learning opportunity but also to see and do things that you otherwise might not.*

*The following information will help you prepare for the term.*

### Transport

If you are using your own vehicle, you will be provided with a fuel allowance to assist with travel to and from the practice at the beginning, midpoint and end of the term.

If you do not have a driver's license or foresee any problems with using your own vehicle, please contact the Practice Manager to discuss your specific needs.

### Driving

Travelling in your own vehicle from Burnie to Queenstown will take approximately 2 hours covering 165 kms. (Please keep copies of fuel receipts for reimbursement through the Practice Manager).

### Bus Service

Tassielink Transit offers a regular bus service, Route 747, between Queenstown and Burnie on Tuesdays and Fridays. The trip takes just under 3 hours by bus.

**From Burnie to Queenstown** – the bus departs from the Tassielink bus stop outside The Advocate Building on Mount Street, Burnie at 2:30 pm on Tuesdays and Fridays

**From Queenstown to Burnie** – the bus departs from the Railway Station on Driffield Street, Queenstown at 8.30am on Tuesdays and Fridays. For more information go to [www.tassielink.com.au](http://www.tassielink.com.au)

### Employment/Hours of Work

During your GP term you will be required to work standard general practice hours Monday-Friday, with **no overtime or weekend work**.

You may choose to participate in practice work outside these hours to take advantage of other learning opportunities. **These activities will not be paid as overtime or time off in lieu of overtime.**

The Tasmanian Health Service (THS) will automatically pay you for 76 hours each fortnight. **No timesheets need to be submitted to payroll.**

You will need to keep a fortnightly timesheet to record hours worked and any leave taken. These need to be signed by a GP supervisor and sent to Annie Quirk [aquirk@ochrehealth.com.au](mailto:aquirk@ochrehealth.com.au)

**Any accrued flex time will need to be taken within a fortnight of accruing and all flex time must be taken prior to the end of your GP rotation.**

### Leave

One weeks annual leave may be taken during the GP term. This is to be coordinated through Jasmin Thorpe.

### Indemnity

You will continue to be employed by the THS during your GP term and will be covered by THS medical indemnity insurance.

### Accommodation

Ochre Health will provide free accommodation which is suitable for singles, couples and families at 31 Hunter Street, Queenstown.

Pets are not allowed.

### Internet and Phone

The Telstra network offers mobile phone coverage in most locations. Optus and Vodafone currently offer only limited coverage. (Please check coverage with your service provider before you go.)

Wireless internet is available at the accommodation.

To report any issues with the Accommodation or IT problems, please contact the Practice Manager.

# Services

## General Practice

Ochre Health took over the Queenstown General Practice and VMO services in February 2014. It is the only medical centre in Queenstown and is attached to the West Coast District Hospital. The doctors serve a local population of around 2,000 people and visitors.

A Practice Manager, full time Registered Nurses and part time receptionists support the General Practice on a daily basis.

## West Coast District Hospital

The West Coast District Hospital provides Queenstown and surrounding communities with access to a range of health services including Accident and Emergency, an Aged Care Residential Facility and visiting services such as radiology, diabetic clinic, physiotherapy and podiatry.

A range of community services is also provided from the hospital including community nursing, home help/personal care and home maintenance.

Hospital and Accident & Emergency Services operate 24 hours per day, 7 days per week. Other services operate Monday to Friday 9.00am-5.00pm.

All medical emergencies are initially assessed by the local doctors.

A virtual tour of the Hospital is also available to view at [www.utas.edu.au/health/virtual-tour/rural-health/queenstown/](http://www.utas.edu.au/health/virtual-tour/rural-health/queenstown/)

## General Services

Queenstown offers a full range of general services including two IGA supermarkets, open 7 days a week, Caltex Service Station (24 hr automated fuel system), a butcher, bakehouse, pizzas, café, hotel, motels, post office, Commonwealth (ATM) Branch, Bendigo Bank, a Community Services Hub and a 24 hour Squash & Fitness Centre.

The visitor information centre is located on the wharf at Strahan.

# About your term

## Orientation

Ochre Health will provide orientation with all eight Junior Doctors undertaking GP terms during the first two days of the term. This will focus on familiarisation with community based general practice, including clinical software, Medicare, medical records and the philosophy behind quality GP led primary care. Orientation will continue on-site at the practice.

## Supervision

Professor Dennis Pashen will be your primary supervisor. Other doctors will be your supervisor on the days they are on call.

You will be given a copy of the roster so that you always know who your direct supervisor is on any given day.

## Mentors

The Rural & Regional Medical Training Hub will provide you with an independent mentor for you to touch base with during your term. This person will **not** be involved in your supervision or assessment. You will be introduced to your mentor before going on rotation and they will be available to meet with you via Skype on a regular basis.

## Peer Support

You will be introduced at the beginning of your term to other Junior Doctors on rotation at other rural primary care practices.

You will have access to video conference facilities and are encouraged to maintain peer-to-peer contact throughout your term.

You will be supported to remain in contact with your Intern colleagues at the North West Regional Hospital (your base hospital) by continuing to participate in the hospital Intern education program.

# CONTACTS

## Accommodation:

Mandy Shea  
Practice Manager  
Queenstown General Practice  
(03)64951523/0459 080  
[097ohmcqueenstown@ochrehealth.com.au](mailto:097ohmcqueenstown@ochrehealth.com.au)

## Recruitment:

Sauna Cole  
Medical Workforce Unit Coordinator  
THS – North West  
(03) 6478 5327  
[shauna.cole@ths.tas.gov.au](mailto:shauna.cole@ths.tas.gov.au)

## Mentor:

Dr Ginita Oberoi  
General Practitioner  
Victoria Street Clinic, Ulverstone.  
(03) 64252900  
[Ginita.oberoi@utas.edu.au](mailto:Ginita.oberoi@utas.edu.au)

## About the term:

Dr Corinne Ginifer  
Director of Clinical Training  
Tasmanian Health Service  
0427 010 442  
[corinne.ginifer@ths.tas.gov.au](mailto:corinne.ginifer@ths.tas.gov.au)

Prof Dennis Pashen  
Tasmanian Medical Coordinator  
Ochre Health  
0418 771 441  
[dpashen@ochrehealth.com.au](mailto:dpashen@ochrehealth.com.au)

Dr John Hall  
Director of Medical Services  
Ochre Health  
0422 441 481  
[jhall@ochrehealth.com.au](mailto:jhall@ochrehealth.com.au)



### Prof Dennis Pashen

General Practitioner  
Visiting Medical Officer

MBBS Qld, MPHTM, FACRRM,  
FRACGP

Special interests: medical education & training, rural health care, use of social media to promote rural health care

Professor Dennis Pashen joined the Queenstown General Practice in 2015 with 40 years' experience working within rural and remote practice. Dennis is a former President of ACRRM, RDAA and RDAT. Dennis currently supervises and teaches GP Registrars in the Remote Vocational Training Program and was a founding Board Member of that organisation.

# When you arrive

When you arrive at Queenstown **on the first Monday of your rotation**, you should make your way to the general practice and ask for the Practice Manager – Mandy Shea.

You will meet your supervising GP who will introduce you to the practice and the hospital. Mandy will arrange for you to collect the keys to your accommodation and help get you settled in.

