



JESSICA HERON

REGISTERED NURSE: ST. HELENS

ABOUT ST. HELENS

St. Helens is located on the beautiful North-East Coast of Tasmania, home to the famous Bay of Fires. Prior to European settlement in the early 1800's for whaling, the Pyemmairrener Aboriginal people lived in the area for thousands of years. In the 2016 Census, the population of St. Helens was just over 2000 people.

ABOUT RURAL PLACEMENTS

A rural placement offers you:

- *First-hand experience of a rural lifestyle and work environment*
- *Exposure to a more diverse range of experiences*
- *Extra support including learning and teaching, social and accommodation support*
- *Opportunities to connect with other students*
- *Potential job opportunities – there is a shortage of rural health professionals ... experiencing rural practice and engaging with the community could entice you to work here*
- *An opportunity for so many great experiences and to see and do things that you otherwise might not*

ABOUT ME

I trained as a mature age student and started nursing in 2009 in the Operating Theatres at Launceston General Hospital. I changed scenes and moved to the Emergency Department where I have been working for over seven years. I also work part-time at St Helens District Hospital. Prior to nursing I worked as a high school teacher, in sports retail, at a vineyard, as a ski and snowboard instructor and trained as an air traffic controller.

RURAL PROFESSIONAL EXPERIENCE PLACEMENTS

YOUR WHOLE OF COMMUNITY FACILITATOR

The University's College of Health and Medicine has engaged part-time Whole of Community Facilitators in rural and remote communities across Tasmania.

Our role is to provide local support for you to get the most from your rural placement and to enjoy the opportunity to live and work in our community.

We are here to guide and mentor you while you are on placement and to support you in your learning.

This may include:

LEARNING SUPPORT	RESOURCES	SOCIAL SUPPORT
Helping you with your learning strategies and plans	Helping you access the resources you need	Showing you where things are and how to get around
Making sure you have access to one-on-one support	Arranging orientation tours of the facility that is hosting you on placement	Helping you work out what to do while you are here
Liaising with your supervisor/preceptor or Unit Coordinator – either with you, or on your behalf	Providing lists of key contacts at the University and in the community and who are the “go to” people if you have any issues or problems	Putting you in touch with other students on placement in your local placement environment
In some cases we may be involved in your supervision and assessment – either directly or indirectly		

CONTACT INFORMATION

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