



ALANNA COWLEY

REGISTERED NURSE, FLINDERS ISLAND

ABOUT ST HELENS

Flinders Island is located in Bass Strait. It has a small community of around 800 people who are predominantly farmers of sheep and cattle. It is a spectacular island surrounded by many beaches and full of friendly locals and wildlife.

ABOUT RURAL PLACEMENTS

A rural placement offers you:

- First-hand experience of a rural lifestyle and work environment
- Exposure to a more diverse range of experiences
- Extra support including learning and teaching, social and accommodation support
- Opportunities to connect with other students
- Potential job opportunities – there is a shortage of rural health professionals ... experiencing rural practice and engaging with the community could entice you to work here
- An opportunity for so many great experiences and to see and do things that you otherwise might not

ABOUT ME

I moved from Hobart and have lived on Flinders Island for over two years. I work as a shift worker at the Flinders Island Multipurpose Centre

Previously I have worked on many acute wards as an RN and Clinical Nurse Educator as well as in hyperbarics, emergency and with UTAS.

I love the island for all the nature and outdoor experiences it has to offer. I enjoy running along the trails, swimming in the ocean and spending time with my dog.

RURAL PROFESSIONAL EXPERIENCE PLACEMENTS

YOUR WHOLE OF COMMUNITY FACILITATOR

The University's Faculty of Health has engaged part-time Whole of Community Facilitators in rural and remote communities across Tasmania.

Our role is to provide local support for you to get the most from your rural placement and to enjoy the opportunity to live and work in our community.

We are here to guide and mentor you while you are on placement and to support you in your learning.

This may include:

LEARNING SUPPORT

Helping you with your learning strategies and plans

Making sure you have access to one-on-one support

Liaising with your supervisor/preceptor or Unit Coordinator – either with you, or on your behalf

In some cases we may be involved in your supervision and assessment – either directly or indirectly

RESOURCES

Helping you access the resources you need

Arranging orientation tours of the facility that is hosting you on placement

Providing lists of key contacts at the University and in the community who are the "go to" people if you have any issues or problems

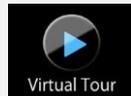
SOCIAL SUPPORT

Showing you where things are and how to get around

Helping you work out what to do while you are here

Putting you in touch with other students on placement in our community

CONTACT INFORMATION



Virtual Tour

Flinders Island Multipurpose Centre
James Street, Flinders Island TAS 7255

www.utas.edu.au/health/virtual-tour/rural-health/flinders-island/

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To learn more about Flinders Island visit: www.discovertasmania.com.au

