Healthy Eating for Healthy Ageing in Rural Tasmania Project

1. Is food important to you?  
   Yes ................................................................. 1  
   No ................................................................. 2

2. What are some of your favourite foods?  
   ____________________________________________
   ____________________________________________

3. Tell me about some of your most memorable eating experiences?  
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________

4. Why were they memorable?  
   ____________________________________________
   ____________________________________________
   ____________________________________________

5. Are there things from your past that are important to you in terms of food and eating?  
   ____________________________________________
   ____________________________________________

6. In the last 6 months have you changed your eating patterns?  
   If so, how?  
   ____________________________________________
   ____________________________________________

7. What things affect the food you buy and eat?  
   ____________________________________________
   ____________________________________________
   ____________________________________________

8. What things make you enjoy your eating?  
   ____________________________________________
   ____________________________________________

9. Are there some things that stop you enjoying your eating?  
   ____________________________________________
   ____________________________________________

10. Tell me about the foods about
the types of foods you like to eat?

11 Are these the types of foods you get from this service?

12 How do you like your foods to be cooked?

13 Are foods provided at the service cooked this way?

14 How does eating at “INSERT SERVICE” compare with how you normally eat at home?

15 Service Profile: I will read to you some general information about the service you use. At the end please tell me your thoughts about the statement. INSERT PROFILE

Comments: ______________________________

16 Why do you use the service?

17 How do you get to the service (remove for MOW)?

18 What do you like about the service?

19 Is there anything you don’t like about the service?

20 What could be done to improve the service?

HACC Report Appendix 4

-2-
21 Do you have any other thoughts about the service?

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

22 Would you recommend the service to a person in similar circumstances to you?

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

23 Any additional comments?

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
Healthy Eating for Healthy Ageing in Rural Tasmania Project

1 What is your role within the service?

2 How long have you been involved as a volunteer within this service?

3 Are you involved in other volunteer type activities?

4 Why do you volunteer?

For the following questions please think about the people that use your service. We want to know your thoughts and perceptions about food and eating and older people.

5 Tell me about the sorts of people that use this service?

6 What do you think clients expect from the service?

7 Do clients seem to enjoy their meals?

8 What do you think are the client’s needs?
   ▪ What do they like to eat?
   ▪ How do they like their food cooked?
   ▪ Does the service meet their expectations?
9  Service Profile: I will read to you some general information about the service. At the end please tell me your thoughts about the statement. INSERT PROFILE

10 Why do you think older people use the service?

11 What is good about the service?

12 What is not so good about the service?

13 What, if anything needs changing to improve the service?

14 Do you have any other thoughts about the service?

15 Any additional comments?
Healthy Eating for Healthy Ageing in Rural Tasmania Project

1 What is your role within the service?

2 How long have you worked with this service?

3 What made you choose to work with this service?

4 Tell me about the service?
   - How is it funded?
   - How many clients?
   - Hours of operation?
   - Days per week meals are provided?
   - Types of meals provided?
   - Other services/activities provided?

5 What is special about your service or what makes it different?

6 Do you think that being in a rural location carries its own issues?
For the following questions please think about the people that use your service. We want to know your thoughts and perceptions about food and eating and older people.

7 Tell me about the sorts of people that use this service?

_______________________________________
_______________________________________
_______________________________________
_______________________________________

8 What do you think clients expect from the service?

_______________________________________

9 Do clients seem to enjoy their meals?

_______________________________________

10 What do you think are the client’s needs?

- What do they like to eat?
  _____________________________________

- How do they like their food cooked?
  _____________________________________

- Does the service meet their expectations?
  _____________________________________

11 Service Profile: I will read to you some general information about the service. At the end please tell me your thoughts about the statement.

INSERT PROFILE

Comments: _____________________________________

_______________________________________

12 Why do you think older people use the service?

_______________________________________

13 What is good about the service?

_______________________________________

14 What is not so good about the service?

_______________________________________

HACC Report Appendix 4
<table>
<thead>
<tr>
<th></th>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
<td>What, if anything needs changing to improve the service?</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Do you have any other thoughts about the service?</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Any additional comments?</td>
<td></td>
</tr>
</tbody>
</table>
Healthy Eating for Healthy Ageing in Rural Tasmania Project

1. What is your role within the service?

2. How long have you worked with this service?

3. What made you choose to work with this service?

4. Do you enjoy working with older people?

5. What made you choose to work with older people?

6. Are you involved with any other services for older people?

For the following questions please think about the people that use your service. We want to know your thoughts and perceptions about food and eating and older people.

7. Tell me about the sorts of people that use this service?

8. What do you think clients expect from the service?

9. Do clients seem to enjoy their meals?
10 What do you think are the client’s needs?

- What do they like to eat?

- How do they like their food cooked?

- Does the service meet their expectations?

11 Service Profile: I will read to you some general information about the service. At the end please tell me your thoughts about the statement. INSERT PROFILE

Comments: ______________________________

12 Why do you think older people use the service?

13 What is good about the service?

14 What is not so good about the service?

15 What, if anything needs changing to improve the service?

16 Do you have any other thoughts about the service?

17 Any additional comments?